

Strategic Perspective Plan for the Academic Year 2014-15

Sl. No.	Date of the Event	Dept./Committee	Name of the Event	Details
1	20-08-2014	Yoga & Meditation Cell	Awareness Program on "Power of Yoga & Meditation"	Objective of this event is to bring awareness among participants about how yoga and meditation is useful in our life.
2	20-02-2015	Yoga & Meditation Cell	Poster Making Competition on "Yoga for Healthy Life"	Objective of this event is to make the participants to realize the importance of yoga in our daily life.

Yoga & Meditation Cell - Strategy Document

1. Meeting of Yoga & Meditation Cell will be conducted twice in each academic year.
2. A brief synopsis is given on the importance of Yoga & Meditation Cell.
3. Students are registered for the cell.
4. Staff and students are encouraged to actively organize and participate in the activities of Yoga & Meditation Cell.
5. Yoga and meditation cell have given instructions and suggestions to the students about implementation of the events.



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